

Therapeutic Actions of Parpatadi Varga According to Raja Nighantu

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Abstract— *Rajanighantu* is a Ayurvedic medical lexicon written by Acharya Pandit Narahari. The work is also called *Abhidhanachudamani* or *Nighantu Raja*. This lexicon is placed in between 14-15th century AD. The names of different varieties of plants are enumerated in this lexicon along with their medicinal properties. The work is divided into 24 sections. The word *Varga* means group. This *Nighantu* contains total 23 *Varga*. Viz; *Anupadi Varga*, *Dharmyadi Varga*, *Guduchyadi Varga*, *Shatavhadi Varga*, *Parpatadi Varga*, *Pippalyadi Varga*, *Moolakadi Varga*, *Shalamyadi Varga*, *Prabhadradi Varga*, *Karaveeradi Varga*, *Amradi Varga*, *Chandanadi Varga*, *Suvarnadi Varga*, *Paaniya Varga*, *Ksheeradi Varga*, *Shaalyadi Varga*, *Mamsadi Varga*, *Manushyadi Varga*, *Simhadi Varga*, *Rogadi Varga*, *Satvadi Varga*, *Mishrakadi Varga*, *Ekarthadi Varga*. The *Parpatadi Varga* is the group of *Parpatadi* drugs. The group contains 49 drugs. Viz; *Parpataka*, *Jivaka*, *Rishabhaka*, two types of *Shravani*, two types of *Meda* (*Meda* and *Mahameda*), *Riddhi*, *Vridhhi*, *Dhumrapatra Prasarini* (*Gandhaprasarini*), four types of *Pashanabheda* (*Pashanabheda*, *Vatapatri*, *Shwetashila*, *Kshudra Pashanabheda*), *Kanya* (*Kumari*), *Vanhishikha* (*Mayurashikha*), two types of *Kshirini* (*Kshirini* and *Swarnakshiri*), *Trayamana*, *Rudantika*, two types of *Bramhi* (*Bramhi* and *Laghu Bramhi*- *Mandukaparni*), *Vrintaka*, *Kulathya*, *Tanduliya*, *Chivilla*, *Nagashundi*, *Katumbini*, *Sthalapadmini*, *Jambu*, *Nagadanti*, *Vishnukranta*, *Kunanjara*, *Bhumyamalaki*, *Gorakshi*, *Golomi*, *Dugdhapfenika*, *Kshudramlika*, *Lajjavhi*, *Hamsapadi*, *Kaathara*, three types of *Punarnava*, two types of *Vasuka*, *Sarpini*, *Ali* (*Alipatrika*), *Matsyakshi*, *Gundala*, *Avanipatali*, *Panduraphali*, *Shweta*, *Bramhadandi*, *Dravantika*, two types of *Dronapushpi*, *Zhandu*, *Gorakshadugdhi*. A physician must have the knowledge of these drugs and applied in clinical practice. The present review is systematically dealt with the properties and pharmacological actions of the plants.

Keywords— *Raja Nighantu*, *Parapatadi Varga*, *Meda*, *Mahameda*, *Riddhi*, *Vridhhi*, *Bramhi*, *Bhutagni*, *Pharmacological actions*.

I. INTRODUCTION

The *Parpatadi Varga*^[1] is the group of *Parpatadi* drugs. The group contains 49 drugs. Viz; *Parpataka*, *Jivaka*, *Rishabhaka*, two types of *Shravani*, two types of *Meda* (*Meda* and *Mahameda*), *Riddhi*, *Vridhhi*, *Dhumrapatra Prasarini* (*Gandhaprasarini*), four types of *Pashanabheda* (*Pashanabheda*, *Vatapatri*, *Shwetashila*, *Kshudra Pashanabheda*), *Kanya* (*Kumari*), *Vanhishikha* (*Mayurashikha*), two types of *Kshirini* (*Kshirini* and *Swarnakshiri*), *Trayamana*, *Rudantika*, two types of *Bramhi* (*Bramhi* and *Laghu Bramhi*- *Mandukaparni*), *Vrintaka*, *Kulathya*, *Tanduliya*, *Chivilla*, *Nagashundi*, *Katumbini*, *Sthalapadmini*, *Jambu*, *Nagadanti*, *Vishnukranta*, *Kunanjara*, *Bhumyamalaki*, *Gorakshi*, *Golomi*, *Dugdhapfenika*, *Kshudramlika*, *Lajjavhi*, *Hamsapadi*, *Kaathara*, three types of *Punarnava*, two types of *Vasuka*, *Sarpini*, *Ali* (*Alipatrika*), *Matsyakshi*, *Gundala*, *Avanipatali*, *Panduraphali*, *Shweta*, *Bramhadandi*, *Dravantika*, two types of *Dronapushpi*, *Zhandu*, *Gorakshadugdhi*. This group contains small plants called *Kshupa*. The *Kshud* means the one which produces *Kshuda* (Hunger/thirst). The plants are also known to be *Kshudra* Plants. Hence a *Vaidya* should have the knowledge of these small herbs to treat the various health ailments.

II. DISCUSSION

This group contains 49 small herbs viz; *Parpataka*, *Jivaka*, *Rishabhaka*, two types of *Shravani*, Two types of *Meda* (*Meda* and *Mahameda*), *Riddhi*, *Vridhhi*, *Dhumrapatra*, *Prasarini* (*Gandhaprasarini*), four types of

Pashanabheda (*Pashanabheda*, *Vatapatri*, *Shwetashila*, *Kshudra Pashanabheda*), *Kanya* (*Kumari*), *Vanhishikha* (*Mayurashikha*), two types of *Kshirini* (*Kshirini* and *Swarnakshiri*), *Trayamana*, *Rudantika*, two types of *Bramhi* (*Bramhi* and *Laghu Bramhi*- *Mandukaparni*), *Vrintaka*, *Kulathya*, *Tanduliya*, *Chivilla*, *Nagashundi*, *Katumbini*, *Sthalapadmini*, *Jambu*, *Nagadanti*, *Vishnukranta*, *Kunanjara*, *Bhumyamalaki*, *Gorakshi*, *Golomi*, *Dugdhapfenika*, *Kshudramlika*, *Lajjavhi*, *Hamsapadi*, *Kaathara*, three types of *Punarnava*, two types of *Vasuka*, *Sarpini*, *Ali* (*Alipatrika*), *Matsyakshi*, *Gundala*, *Avanipatali*, *Panduraphali*, *Shweta*, *Bramhadandi*, *Dravantika*, two types of *Dronapushpi*, *Zhandu*, *Gorakshadugdhi*.

PARPATAKA^[2]- *Fumaria vaillantii* Loisel, *Fumariaceae*. Pharmacological Actions- The *Parpataka* is *Tikta* (Bitter), *Sheeta Virya* (Cold in potency), alleviate *Pitta*, *Shleshma Jwara* (Fever), *Raktavikara* (Blood disorders), *Daha* (Burning sensation), *Aruchi* (Anorexia), *Glani*, *Madavibhrama* (Intoxication).

JIVAKA^[2]- *Leptadenia reticulata* W & A, *Asclepiadaceae*. Pharmacological Actions- The *Jivaka* is *Madhura Rasa* (Sweet in taste), *Sheeta Virya* (Cold in potency), alleviate *Raktapitta* (Bleeding disorders), *Kshaya* (Emaciation), *Daha* (Burning sensation), *Jwara* (Fever), increases *Shukra* (Semen) and *Bala* (Strength promoter).

RISHABHAKA^[3]- *Microstylis mucifera* Ridley, *Orchidaceae*. Pharmacological Actions- The *Rishabhaka* is *Madhura Rasa* (Sweet in taste), *Sheeta Virya* (Cold in potency), alleviate *Raktapitta* (Bleeding diseases), *Daha* (Burning sensation),

Atisara(Diarrhea), *Kshaya*(Emaciation), *Jwara*(Fever), aggravates *Kapha Dosh*a, and *Shukra*(Semen).

SHRAVANI^[3]- *Sphaeranthus indicus* Linn, Compositae. Smaller variety- Pharmacological Actions- The smaller variety of *Shravani* is *Kashaya Rasa* (Astringent in taste), *Katu Vipaka*(Pungent at post digestive effect), *Ushna Virya*(Hot in potency), subside *Kapha* and *Pitta Dosh*as, alleviate *Amataisara* (Diarrhea and dysentery), *Kasa*(Cough), *Visha* (Poison effect), *Vamana*(Vomiting). Bigger variety called as *Maha Shravani*- Pharmacological Actions- The *Maha Shravani* is *Tikta Rasa* (Bitter in taste), *Ushna Virya*(Hot in potency), *Kinchit Madhura*(Mild sweet in taste), *Rasayanai*(Rejuvenating), *Swarya*(Improves voice), alleviate *Prameha*(Urinary disorders including diabetes), *Rochana*(Taste promoter).

MEDA^[4]- *Polygonatum verticillatum* All, Convallariaceae Pharmacological Actions- The *Meda* is *Madhura Rasa*(Sweet in taste), *Sheetala*(Cold in potency), alleviate *Pitta*, *Daha*(Burning sensation), *Kasa*(Cough), *Rajayakshma*(Tuberculosis), *Jwara*(Fever), aggravates *Vata Dosh*a.

MAHAMEDA^[5]- *Polygonatum cirrhifolium* Royle, Convallariaceae. Pharmacological Actions- The *Mahameda* is *Sheetala*(Cold in potency), *Ruchikaraka*(Appetizer), increase *Shukra*(Semen) and *Kapha*. Subside *Daha*(Burning sensation), *Raktapitta*(Bleeding diseases), *Kshaya*(Emaciation), *Vata Jwara*(Fever).

RIDDHI^[5]-*Habenaria edgeworthii* Hook.f.ex Collett, Orchidaceae Pharmacological Actions- *Riddhi* is *Tushtikara*(Nourishing), *Pusthikara*(Tonic), *Madhura*(Sweet in taste), *Snigdha*(Demulcent), *Tikta*(Bitter at post digestive effect), *Sheetala*(Cold in potency), *Ruchya*(Taste promoter), *Buddhivardhaka*(Promotes intellect), alleviate *Krimi*(Worms infestation), *Kustha*(Skin diseases).

VRIDDHI^[5]- *Habenaria intermedia* D. Don, Orchidaceae Pharmacological Actions- *Vridhhi* is *Tushtikara*(Nourishing), *Pusthikara*(Tonic), *Madhura*(Sweet in taste), *Snigdha*(Demulcent), *Tikta*(Bitter at post digestive effect), *Sheetala*(Cold in potency), *Ruchya*(Taste promoter), *Buddhivardhaka*(Promotes intellect), alleviate *Krimi*(Worms infestation), *Kustha*(Skin diseases).

DHUMRAPATRA^[6]- *Nicotiana tabacum*, Solanaceae, Pharmacological Actions- The tobacco is *Tikta*(Bitter), *Ushna Virya*(Hot in potency), *Ruchikara*(Taste promoter), *Jatharagni Deepaka*(Appetizer), alleviate *Krimi*(Worms), *Sho*tha(Edema), *Kasa*(Cough).

PRASARINI^[6]- *Paederia foetida* Linn, Rubiaceae Pharmacological Actions- The *Gandhaprasarini* is *Guru*(Heavy), *Ushna Virya*(Hot in potency), *Tikta Rasa*(Bitter in taste), alleviate *Vata Dosh*a, *Arsha*(Haemorrhoids), *Sho*tha(Edema), *Vish*tambha(Constipation).

PASHANABHEDA^[7]- *Berginia ligulata* Wall, Saxifragaceae Pharmacological Actions- The *Pashanabheda* is *Madhura Rasa*(Sweet in taste), *Tikta*(Bitter), *Sheeta Virya*(Cold in potency), alleviate *Prameha*(Urinary diseases including diabetes), *Trishna*(Excess thirst), *Daha*(Burning sensation), *Mutrakrichra*(Dysuria), *Ashmari*(Urinary calculi).

VATA PATRI^[7]- *Begonia ciliata* Sternb, Saxifragaceae. Pharmacological Actions- The *Vatapatri* is *Sheetala*(Cold in potency), alleviate *Prameha*(Urinary diseases including diabetes), *Mutrakrichra*(Dysuria), *Vrina*(Wounds and ulcers), *Balya*(Tonic), *Deepani*(Appetizer), *Gaulya*(Sweet).

SHWETA SHILA^[7]- *Didymocarpus pedicellatus*, Gesneriaceae. Pharmacological Actions- The *Shwetashila* is *Sheeta Virya*(Cold in potency), *Madhura Rasa*(Sweet in taste), alleviate *Mutrakrichra*(Dysuria), *Mutraghata*(Difficulty in micturation), *Ashmari*(Urinary calculi), *Shoola*(Pain), *Kshaya*(Emaciation), *Pittaja Vikara*(Diseases of *Pitta Dosh*a).

KSHUDRA PASHANA BHEDA^[8]- *Homonoria riparia*, Euphorbiaceae- Pharmacological Actions- It alleviate *Vrina*(Wounds and ulcers), *Mutrakrichra*(Dysuria), *Ashmari*(Urinary calculi).

GHIHAKANYA(KUMARI)^[9]- *Aloe barbandensis* Mill, Liliaceae Pharmacological Actions- The *Kumari* is *Sheetala*(Cold in potency), *Tikta*(Bitter) in taste, *Madagandhi*(Characteristic smell), alleviate *Kapha Dosh*a, *Pitta Vikara*, *Kasa*(Cough), *Visha*(Poison effects), *Shwasa*(Dyspnoea).

APAMARGA^[9]- *Achyranthus aspera* Linn, Aaranthaceae Pharmacological Actions- The *Apamarga* also called *Bahushikha* is *Madhura*(Sweet), alleviate *Mutrakrichra*(Dysuria), *Balagraha*(Psychological diseases). It is used for *Vashikarana*(For attraction).

KSHEERINI^[9]- *Manilkara hexendra* Roxb, Sapotaceae. Pharmacological Actions- The *Ksheerini* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Rechani*(Laxative), alleviate *Sho*tha(Edema), *Daha*(Burning sensation), *Krimi*(Worms infestation), *Kapha Dosh*a, *Pitta Jwara*(Fever).

SWARNAKSHIRI^[10]- *Argemone mexicana*, Paveraceae. Pharmacological Actions- The *Swaranakshiri* is *Sheetala*(Cold in potency), *Tikta*(Bitter), alleviate *Krimi*(Worms), *Pittajanya Vikara*(Pittaja disorders), *Kapha* diseases, *Mutrakrichra*(Dysuria), *Ashmari*(Calculi), *Sho*tha(Edema), *Daha*(Burning sensation), *Jwara*(Fever).

TRAYAMANA^[11]- *Gentiana kurroo* Royale, Gentianaceae Pharmacological Actions- The *Trayamana* is *Sheeta Virya*(Cold in potency), *Madhura Rasa*(Sweet in taste), alleviate *Gulma*(Visceral organ diseases), *Jwara*(Fever), diseases of *Kapha*, blood, *Bhrama*(Confusion), *Kshaya*(Tuberculosis/ Emaciation), *Glani*(Lethargy), *Visha Vikara*(Poison effects), *Chardi*(Vomiting).

RUDANTI^[11]- *Capparis moonii* Wight, Convolvulaceae Pharmacological Actions- *Rudanti* is *Katu*(Pungent) in taste, *Tikta*(Bitter), *Kshaya*(Emaciation), *Krimi*(Worms infestation), *Raktapitta*(Bleeding diseases), *Kapha*, *Shwasa*(Dyspnoea), *Prameha*(Urinary diseases including diabetes). It is *Rasayana*(Vitalize the tissues).

BRAMHI^[12]- *Bacopa monnieri* (Linn). penneld, Scrophulariaceae Pharmacological Actions- The *Bramhi* is *Sheeta Virya*(Cold in potency), *Kashaya*(Astringent) in taste, *Tikta*(Bitter), alleviate *Vatarakta*(Gout), *Pitta* diseases. It increases *Buddhi*(Intellect), *Prajnyashakti*(Consciousness), *Medha*(Memory).It *Ayurvedhaka*(Increases lifespan).

VRINDAKA^[13]- *Solanum melongena* Linn, Solanaceae Pharmacological Actions- The *Vrindaka* is *Sheeta Virya*(Cold

in potency), *Virya Vardhaka*(Increases semen), *Kashaya*(Astringent). It alleviate *Kapha*, *Pitta* diseases, *Shrama*(Lethargy), used for *Vashikarana*(For attraction).

KULATTHA^[13]- *Dolichos biflorus* Linn, Leguminosae Pharmacological Actions- The *Kulattha* is *Tikta*(Bitter in taste), *Katu Vipaka*(Pungent at post digestive effect), *Chakshushya*(Good for eyes), *Vrina Ropaka*(Heals wound and ulcer), alleviate *Vibandha*(Constipation), *Adhmana*(Distention of abdomen), *Arsha Shoola*(Haemorrhoidal pain).

TANDULIYA^[14]- *Amaranthus spinosus*, Amaranthaceae. Pharmacological Actions- The *Tanduliya* is *Sheetala*(Cold in potency), *Madhura*(Sweet in taste), *Ruchikara*(Taste promoter), *Deepana*(Appetizer), *Pathya*(Cleanser), alleviate *Visha*(Poison), *Pitta*, *Daha*(Burning sensation), *Bhrama*(Confusion).

CHIVILLI^[14]- Pharmacological Actions- The *Chivilli* is *Katu*(Pungent), *Kashaya*(Astringent), alleviate *Jwara*(Fever), *Atisara*(Diarrhea). It is *Rasayani*(Vitalizer).

NAGASHUNDI^[15] - Pharmacological Actions- The *Nagashundi* is *Katu*(Pungent), *Ushna Virya*(Hot in potency), alleviates *Jwara*(Fever).

KUTUMBINI^[16] - *Cocinia grandis* Linn, Cucurbitaceae. Pharmacological Actions- The *Kutumbini* is *Madhura*(Sweet), alleviate *Grahani*(Dysentery), *Kapha* and *Pitta Doshas*, *Rakta Vikara*(Bleeding disorders), *Kandu*(Itching). It is *Rasayana*(Vitalizer).

STHALAPADMINI^[17]- *Hibiscus mutabilis*, Malvaceae. Pharmacological Actions- The *Sthalapadmini* is *Tikta*(Bitter), *Sheetala*(Cold in potency), alleviate *Raktapitta*(Bleeding diseases) *Prameha*(Urinary diseases including diabetes), *Bhutabadha*(Attacks of external evil spirits or psychological diseases), *Atisara*(Diarrhoea).

NAGADAMANI^[17]- *Artemisia vulgaris* Linn, Asteraceae Pharmacological Actions- The *Nagadamani* is *Tikta*(Bitter), *Katu Vipaka*(Pungent at post digestive effect), *Ushna Virya*(Hot in potency), *Teekshna*(Penetrating), alleviate *Udararoga*(Abdominal disorders), *Adhmana*(Distension of abdomen), *Kosthashodhana*(Cleanses GIT).

NAGADANTI^[17]- *Baliospermum montanum*, Euphorbiaceae Pharmacological Actions- The *Nagadanti* is *Tikta*(Bitter), *Katu Vipaka*(Pungent at post digestive effect), *Ruksha*(Dry), *Medha*(Promotes intellect), *Pachana*(Digestive), *Shubhadayaka*(Auspicious), alleviate *Vata*, *Kapha Doshas*, *Vishadosha*(Poison effects), *Gulma*(Visceral organ diseases), *Udararoga*(Abdominal diseases), *Kantha Dosh*(Throat diseases).

VISHNUKRANTA^[18]- *Evolvulus alsinoides* Linn, Convolvulaceae Pharmacological Actions- The *Vishnukranta* is *Tikta*(Bitter), *Katu Vipaka*(Pungent at post digestive effect), *Kapha* and *Vata Doshas*.

KUNANJARA^[18]- *Digera muricata* (L) Mart, Amaranthaceae Pharmacological Actions- The *Kunanja* is *Madhura*(Sweet), *Ruchikara*(Tasty), *Deepana*(Appetizer), *Pachana*(Digestive).

BHUMYAMALAKI^[19]- *Phyllanthus niruri* webster, Euphorbiaceae Pharmacological Actions- The *Bhumyamalaki* is *Kashaya*(Astringent), *Amla*(Sour), alleviate *Pittaja Prameha*, *Sheetala*(Cold in potency), *Daha*(Burning sensation).

GORAKSHI^[19]- *Adansonia digitata*, Malvaceae Pharmacological Actions- The *Gorakshi* is *Madhura*(Sweet), *Tikta*(Bitter) in taste, alleviate *Visphota*(Blisters or eruptions), *Vamana*(Vomiting), *Atisara*(Diarrhea), *Jwara*(Fever).

GOLOMIKA^[20]- *Acorus calamus* Linn, Araceae Pharmacological Actions- The *Golomika* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Sheetala*(Cold in potency), alleviate *Vata-Pitta* and *Kapha Doshas*, *Grahi*(Absorbent), *Deepani*(Appetizer), *Mutraroga*(Urinary diseases), *Rakta Vikara*(Blood diseases).

DUGDHAPHENI^[20]- *Taraxacum officinale*, Asteraceae Pharmacological Actions- The *Dugdapheni* is *Katu*(Pungent), *Tikta*(Bitter) in taste, *Sheetala*(Cold in potency), alleviate *Visha*(Poison), *Vrina*(Wounds and Ulcers), *Rasayani*(Revitalizer).

CHANGERI^[20]- *Oxalis corniculata* Linn, Oxalidaceae Pharmacological Actions- The *Changeri* is *Amla*(Sour), *Ushna Virya*(Hot in potency), *Deepani*(Appetizer), *Ruchikrit*(Taste promoter), alleviate *Grahani*(Dysentery), *Asrha*(Haemorrhoids).

LAJJALU^[21]- *Mimosa pudica* Linn, Mimossaceae Pharmacological Actions- The *Lajjalu* is *Katu*(Pungent) in taste, *Sheeta Virya*(Cold in potency), alleviate *Pitta* disorders, *Atisara*(Diarrhea), *Shopha*(Edema), *Daha*(Burning sensation), *Shrama*(Lethargy), *Shwasa*(Dyspnoea), *Vrina*(Wounds and ulcers), *Kustha*(Skin disease), *Kaphaja* disorders, blood diseases.

VIPAREETA LAJJALU^[21]- *Biophytum sensitivum*, Oxalidaceae Pharmacological Actions- The *Vipareeta Lajjalu* is *Katu*(Pungent), *Ushna Virya*(Hot in potency), alleviate *Kapha* disorders, and *Ama* disorders. It is used in *Parada*(Mercury) *Niyamana*.

HAMSAPADI^[22]- *Adiantum philippense*, Pteridaceae Pharmacological Actions- The *Hamsapadi* is *Katu*(Pungent), *Ushna Virya*(Hot in potency), alleviate *Bhranti*(Confusion), *Visha*(Poison), *Bhutadosha*(Psychological disorders), *Apasmara*(Convulsions).

HAYAKATHARA^[23]- *Bryophyllum pinnata* (Lam) Pers, Crassulaceae Pharmacological Actions- The *Hayakathara* is *Tikta*(Bitter) in taste, subsides *Vata Dosh*, *Deepani*(Appetizer).

SHWETA PUNARNAVA^[23]- *Boerhavia diffusa* Linn, Nyctaginaceae Pharmacological Actions- The *Shweta Punarnava* is *Tikta*(Bitter) in taste, *Ushna Virya*(Hot in potency), alleviate *Visha*(Poison effects), *Kasa*(Cough), *Hridroga*(Cardiac ailments), *Shoola*(Pain), *Raktavikara*(Blood disorders), *Pandu*(Anemia), *Shotha*(Edema), *Vata Dosh*.

RAKTA PUNARNAVA^[24]- Pharmacological Actions- The *Rakta Punarnava* is *Tikta*(Bitter), *Sara*(Laxative), alleviate *Shopha*(Edema), *Raktapradara*(Dysmenorrhea), *Pandu*(Anemia), *Pittaja* diseases.

NEELA PUNARNAVA^[25]- Pharmacological Actions- The *Neela Punarnava* is *Tikta*(Bitter), *Katu*(Pungent) in taste, *Ushna Virya*(Hot in potency), *Rasayani*(Vitalizer), alleviate *Hridroga*(Cardiac ailments), *Pandu*(Anemia), *Shotha*(Edema), *Shwasa*(Dyspnoea), *Vataja* and *Pittaja* diseases.

VASUKA^[25]- *Spermocoe hispida* Linn, / *Premna barbata* Wall, Rubiaceae Pharmacological Actions- The *Vasuka* is

Katu(Pungent), *Tikta*(Bitter), *Ushna Virya*(Hot in potency), *Deepani*(Appetizer), alleviate *Ajirna*(Indigestion), *Vataja Gulma*, *Rasayana*(Vitalizer).

ALIPATRIKA^[25]- *Tragia involacrata* Linn, Euphorbiaceae Pharmacological Actions- The *Alipatrika* is *Picchila*(Sticky), *Amla*(Sour), *Antravridhi*(Hernia).

MATSYAKSHI^[26]- *Alternanthera sessilis*, Amaranthaceae. Pharmacological Actions- The *Matsyakshi* is *Sheetala*(Cold in potency), *Ruchya*(Taste promoter), alleviate *Vrina*(Wounds and ulcers), *Kshaya*(Tuberculosis and emaciation).

GUNDALA^[26]- *Bacopa monnieri* Linn, Plantaginaceae Pharmacological Actions- The *Gudala* is *Tikta*(Bitter), *Ushna Virya*(Hot in potency), alleviate *Shotha*(Edema), *Vrina*(Wounds and ulcers).

BHU PATALI^[26]- *Eclipta prostrata* Linn, Asteraceae Pharmacological Actions- The *Bhu Patali* is *Katu*(Pungent), *Ushna*(Hot in potency), used in *Parada*(Mercury) *Niyamana*.

PANDURA PHALI^[26]- Pharmacological Actions- The *Pandura Phali* is *Sheetala*(Cold), *Virya Vardhaka*(Increases semen), alleviate *Pitta Dosh*, *Mutraghata*(Dysuria).

SHWETA^[29]- Pharmacological Actions- The *Shweta* is *Madhura*(Sweet), *Sheetala*(Cold in potency), *Dugdha Vardhaka*(Increases milk), *Ruchikara*(Taste promoter).

BRAMHA DANDI^[29]- *Tricholepis glaberrima* DC, Asteraceae Pharmacological Actions- The *Bramha Dandi* is *Katu*(Pungent) *Ushna Virya*(Hot in potency), *Kaphaja Vikara*, *Shotha*(Edema), *Vataja* diseases.

DRAVANTI^[29]- *Jatropha glandulifera* Roxb, Euphorbiaceae. Pharmacological Actions- The *Dravanti* is *Madhura*(Sweet), *Sheetala*(Cold), alleviate *Jwara*(Fever), *Krimi*(Worms infestation), *Shoola*(Pain), *Rasayana*(Rejuvenative).

DRONAPUSHPI^[30]- *Leucas cephalotes* (Roth) Spreng, Lamiaceae. Pharmacological Actions- The *Dronapushpi* is *Katu*(Pungent), *Ushna*(Hot in potency), *Ruchikara*(Taste promoter), alleviate *Vata*, *Kapha* diseases, *Agnimandya*(Loss of appetite), *Pathya*(Cleanser).

MAHADRONI^[30]- *Maranta arundinaceae*, Marantaceae Pharmacological Actions- The *Mahadroni* is *Katu*(Pungent), *Tikta*(Bitter), *Medhya*(Promotes memory), *Vataja* diseases, alleviate *Bhuta*(Attacks of external evil spirits/ Viral attacks/ Psychological diseases), *Mandagni*(Loss of appetite), used in the purification of mercury.

ZHANDU^[31]- *Calendula officinalis* Linn, Asteraceae Pharmacological Actions- The *Zhandu* is *Katu*(Pungent), *Kashaya*(Astringent) in taste, alleviate *Jwara*(Fever), *Bhutagraha*(Anti viral, anti bacterial or attacks of external evil spirits)

GORAKSHA DUGDHI^[31]- *Aerva lanata*, Amaranthaceae Pharmacological Actions- The *Goraksha Dugdhi* is *Madhura*(Sweet) in taste, *Virya Vardhaka*(Increases semen), *Grahi*(Absorbent), *Sheetala*(Cold in potency), used in *Parada*(Mercury) *Niyamana*.

III. CONCLUSION

The most of the drugs in this group is derived from smaller plants and most of them are *Katu Rasa*(Pungent in taste), *Tikta*(Bitter in taste), *Ushna Virya*(Hot in potency), and *Katu Vipaka*(Pungent at post digestive effect) and act as anti

inflammatory. The drugs such as *Mahadroni*, *Apamarga*, *Hamsapadi*, *Sthalapadmini* have the action called *Bhutanashini*, which might be considered as antipsychotics, anti viral, anti bacterial actions. A physician must have the knowledge of these drugs while applying in the clinical practice.

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